

# CHARTER 100 DC

## APRIL 2024

### NEWSLETTER



#### *President's Letter*

Happy Spring, Ladies, from Sarasota, Florida!

So happy we're heading into Mother Nature's Easter basket – wonderful colors, scents and vistas at a special time of year when life and love renew and we reset. For the last week I've been watching a magnificent Monarch caterpillar suspended from a leaf morph into its chrysalis – now days away from emerging – with faint indentations of delicate folded wings... Be still my heart.

This April will be an exciting month for Charter 100 DC with our very own member and textile expert, Sabina Fogle, presenting at our April 16th luncheon meeting. Two days later the Special Events Committee will lead a Virginia winery tour, an event for which most respondents to the Member Survey indicated interest. Please be courteous and prompt in responding to our invitations - let us know one way or another - as it saves on repeat emails and makes it much easier for the planners.

Mark your calendars for our annual meeting on May 18. This is an obligatory meeting for all members. It will be held at the Somerset Condominium in Chevy Chase, across from Saks Fifth Avenue. Annual dues must be paid in advance to attend and vote at the meeting. Details to follow. I look forward to seeing everyone at the luncheon!

My best,

*Paula Hartman*

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# **ANNOUNCEMENTS**

## ***April 16: Lunch and Presentation on Vintage Clothing, Couture, and Textiles of 20th-Century French and American Designers***



Is there anyone who doesn't find 20th-century French design and its influence on American design intriguing? Who among us doesn't occasionally wander around vintage clothing stores and fondly remembers Second Hand Rose?

Join us at Hillwood on April 16 for a three-course gourmet lunch followed by a presentation from our own Sabina Fogle of her collection of vintage couture.

Watch your email for details.

Growing up in Bethesda, Sabina was literally surrounded by museum-quality pieces her

parents acquired traveling the globe, stimulating her interest in the cultural significance of modern design at a young age.

Sabina's mother specialized in repairing artifacts for the Smithsonian. Her father, who traveled extensively for the National Science Foundation, helped nurture her love of cartography, including antique maps, globes, and leather-bound books.

After earning her B.A. in Art History and French Literature from the University of Maryland, Sabina moved to Paris to spend the summer working as an intern at the Musée d'Orsay. Captivated by the City of Light and its endless array of visual and tactile treasures, she continued her studies in France at the Université de Nanterre and the Sorbonne.

In addition to completing post-graduate studies, Sabina also worked as a culinary aide and translator at the Ritz Escoffier cooking school on Place

## ***Lunch and Presentation: Vintage Clothing, Couture, and Textiles of 20th-Century French and American Designers - continued***

**Place Vendôme, near some of the most coveted stores in the fashion industry.**

**During her time in Europe, Sabina visited antique stores and flea markets in England, Germany, Italy, and Switzerland, where she purchased an eclectic mix of vintage clothing and accessories.**

**After moving back to the D.C. metropolitan area in 2014, Sabina worked at a local auction house as Director of Vintage Couture, which enabled her to meet some of the city's most elegant women and catalog their collections.**

**Watch your email for an invitation to this event!**



## **REMINDER: ANNUAL MEETING**

Dear Members,

The April luncheon is the last meeting for interested applicants to attend and qualify for the three-event requirement.

Should we run into any headwinds that require another event, we may be able to fit in a private special event.

The annual meeting is May 18 where we recommend any prospective members to the membership at that time. However, the executive committee needs to review applications before that date.

I can email you all the documents required for applicants and their sponsors. Let me know if you need them. Call my cell at 703-801-8086 to discuss exactly which document you need.

I'm hoping this will encourage anyone who is thinking about introducing a new member. I look forward to hearing your intentions. I am more than happy to help you "push" applications along.

**DEADLINE for Submission: April 19, 2024**

*Debbie Sanders*  
Membership Chair

## **MEMBERS ONLY INFORMATION**

Charter 100 DC Website: [www.charter100dc.org](http://www.charter100dc.org)  
Website Password for Members Only/Info: 2021charTer100  
Questions? Email us: [charter100dc@gmail.com](mailto:charter100dc@gmail.com)

## **SAVE THESE DATES!**

***(watch your email for upcoming details)***

### **April 18: Wine Tour in Leesburg Virginia**

Save Thursday, April 18, 10:30 am - 3:00 pm for a picturesque visit to Stone Tower Winery in Leesburg, VA. We will carpool from Tysons Corner for The Cellar Tour.

We'll be greeted on arrival with a glass of sparkling wine. We will then take a lovely 30-minute walking tour with chai through the production cellar for a behind-the-scenes peek at how the wines are made.

Tickets are \$45. Lunch and drinks can be purchased separately.



### **May 9: Guided Tour of the National Museum of Women in the Arts**

Join us Thursday, May 9 at 11 am for a private tour of the newly-reopened National Museum of Women in the Arts following its two-year, \$70 million dollar renovation. NMWA is the first museum in the world dedicated to championing women artists!

Our tour will include two new exhibits: New Worlds Women to Watch 2024 and Remix the Collection.

**SAVE THESE DATES!**

***continued***

**ANNUAL MEETING**

**May 18 - 10am - noon**

**Our mandatory Annual Meeting will be held in person this year at the Somerset Condominiums, 4620 N. Park Ave. in Chevy Chase on Saturday morning, May 18th, from 10:00 am to noon.**

**Park on the street and look for the Party Room. Light refreshments will be served.**

**We will be voting on the 2024-2025 slate of Executive Committee Officers and new member candidates.**

**New Member Reception**

**Join us Thursday, June 27, at the same venue listed above for our New Members' Reception. Time and details TBD.**

## Say Hello to Camilla David



Camilla David is a natural fit for Charter100 DC: she was born and raised in DC, graduated from the Maret School (Go Frogs!), and continues a successful career in fine arts and design.

Along the way, she's been involved in local theater and founded The New Art Theaters in Adams Morgan in the 1980s. She also served on the Women's Committee for the Washington Ballet for 20 years.

For the past ten years, Camilla has focused on Abstract Expressionist Painting. She has had solo shows at the Watergate Gallery and the Women's National Democratic Club.

Camilla also does virtual art shows, which, like so many projects, began during the pandemic and continues today. Currently, she studies with Tory Cowles at the Yellow Barn Studio in Glen Echo Park.

You can view Camilla's paintings at [camilladavidart.com](http://camilladavidart.com).

Before changing her focus to painting, Camilla founded and ran a textile design business that featured her original designs (some in 3D) using specialized embroidery and printing techniques on handmade linen and cotton imported from India. Her textile designs are at [camilladavidtextiles.com](http://camilladavidtextiles.com) and sold at select design and decor centers around the country.

Camilla earned a BA in Art History from George Washington University and an MFA in theater direction from Catholic University. Her husband is an Italian national who worked for the IMF for 30 years, and they frequently visit their home in Elba. She loves the small towns she's discovered throughout Italy and along France's southern coast.

## Camilla David, Continued

“Charter is a great place to meet more people,” Camilla says, adding that she particularly enjoyed the holiday gathering at Sulgrave Manor in December. Joining was easy courtesy of her friend Judith Hunter (our Arrangements chair), and she knew other members. “I’ve met other people and look forward to meeting new friends as well.”





# FROM THE SCRAPBOOK

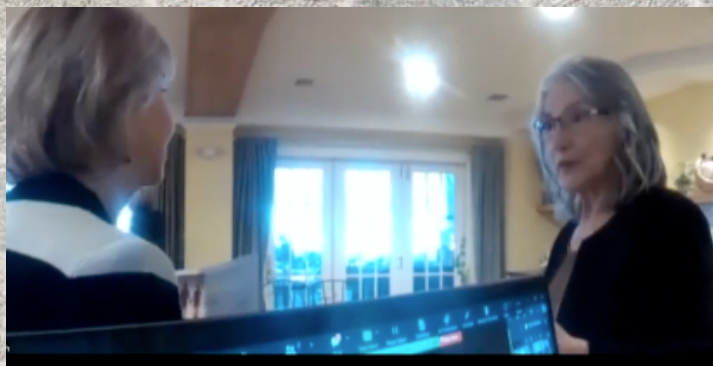
“Death Doula” and yoga instructor/therapist Luann Fulbright gave an enlightening talk to a dozen or so members and guests on March 19 on how to plan for our last days.

Luann’s presentation began after a delicious three-course lunch at Hillwood. After leading the group in a meditation exercise, she addressed the topic with gentle but persuasive observations about how to go beyond a living will and discussed the advice she gives her clients:

- Secure a plot and tombstone or mausoleum crypt
- Write your obituary
- Plan for your life celebration

She also addressed ways to be a comforting presence for someone who is dying and addressed topics like palliative medication and eating.

End-of-life doulas are becoming more common as they fill in notable gaps in our health care system, Luann observed. *Time* and *Money* recently cited the profession as “one of the seven hottest jobs.”



## **2023-2024 CHARTER100 DC EXECUTIVE COMMITTEE**

**President: Paula Hantman Tolle**

**Vice President: Sheila Clark**

**Secretary: Stephanie Karsten**

**Treasurer: Jackie Hunt**

**Ombudsman: Arleen Heiss**

**Programs Chair: Babette "Babs" Jackson**

**Special Events Co-chairs: Alissa Fox and Margaret VanAmringe**

**Arrangements Chair: Judith Hunter**

**Membership Chair: Deborah Sanders**

**Did you miss a presentation or want to watch it again? Click below to:**

**[Visit our YouTube channel](#)**

**or copy and paste:**

**<https://studio.youtube.com/channel/UC6hCtXrMilwXan9tI28KKtQ/videos/>**

**Charter 100 DC brings together  
women of outstanding accomplishments  
in diverse fields.**