

CHARTER 100 DC

President's Letter

Dear Charter 100 DC Ladies ~

As the song goes: *The falling leaves/Drift by the window/The autumn leaves/Of red and gold...* It's that magical time of year again, with the warmest ocher, orange and sienna hues, golden afternoon light, autumnal scents, acorns under foot -- and the beginning of the holiday season.

Our September Members' Only Reunion luncheon was a joyful event – with everyone reconnecting and exchanging stories about their summer travels, families and fun. New members were warmly welcomed.

We have many wonderful events planned ahead and hope you will be able to attend several, so mark your calendars and save those dates!

This Saturday, October 7th, is the Special Events Committee's Jazz Concert at Sabina Fogle's home. Registrations are strong – it should be a good event as many prospective new members will be attending.

I look forward to seeing many of you Saturday at the jazz concert and at our October 24th Speaker's luncheon.

My best,



Paula Hantman

IN THIS ISSUE

PRESIDENT'S LETTER

ANNOUNCEMENTS

MEET CAROLYN RAND

FROM THE SCRAPBOOK

**2023-2024 CHARTER 100 DC
EXECUTIVE COMMITTEE**

2023

ANNOUNCEMENTS



NOVEMBER SPECIAL EVENT

Titanic: The Exhibition

November 7, 2023

***Titanic: The Exhibition* is at the National Harbor - "Travel back to 1912 through photographs, handwritten letters, wayward keepsakes, and other personal belongings telling countless stories about the fates and heroic deeds on board."**

We are only able to obtain a limited number of tickets to this event. We will be sending out invitations with details.

MEMBER INFORMATION

Charter 100 DC Website: www.charter100dc.org

Website Password for Members Only/Info: 2021charTer100

Questions? Email us: charter100dc@gmail.com

ANNOUNCEMENTS, Continued

OCTOBER SPEAKER PROGRAM

Dr. Sandra Elvin

October 24, 2023 - 12:00-2:00 PM



Dr. Sandra Elvin of the US Institute of Peace returns to speak to Charter100 DC members this month!

Hear about the challenges she faced keeping her all-female expedition safe and sound from the sea to the source of the Ganges River as she represented National Geographic in this historic project.

NOVEMBER SPEAKER PROGRAM

Dr. Kim Nazarian

November 10, 2023 - 12:00-2:00 PM



Dr. Kim Nazarian is an internationally-acclaimed, Grammy-nominated artist and the first woman *and* first vocalist to win the prestigious JEN (Jazz Education Network) Educator of the Year Award.

Come hear her speak on the topic of *The Surprising Life of Jazz*.

Dr. Nazarian has been a vocalist with the New York Voices for more than 35 years. She's the lead vocalist for the Latin-influenced jazz band El Eco, and was featured on Bobby McFerrin's Grammy-nominated VOCABuLarieS, as well as Gabriel Espinosa's last two CDs.

Her solo CD *Some Mornings* won critical acclaim as well as the Best Jazz CD from *Jazz Historian* and other respected jazz organizations.

**DECEMBER SPECIAL EVENT
HOLIDAY PARTY**
Wednesday, December 6, 2023



**Join us to welcome the holidays at the
Beaux Arts Sulgrave Club, Washington, DC**

Say Hello to Carolyn Rand



Carolyn Rand's life comes down to two teachings her parents instilled in their children:

1. "To be fully alive is to work for the common good," and
2. "No definition of success is complete without service to others."

After a career in health services that began in social work for Montgomery County and ended

after 20 years with CareFirst BlueCrossBlueShield where she consistently delivered top sales numbers - Carolyn focuses on her two passions: golf and volunteering. She's even combined the two!

An avid golfer who spends part of the year golfing in Palm City, Florida, Carolyn captains the Challenge Club golf team at the Congressional Golf Club, where she was one of the first women invited to join without a legacy sponsorship.

"Golf maintains athletic abilities and the competitiveness keeps the mind sharp," she says. (Scoring par for five holes during a recent tournament underscores this.)

Carolyn served as a volunteer coordinator for Congressional's Junior Golf for seven years and was vice president for the club's Women's Golf Association, introducing area youth and other women to the game. Carolyn has also been a District of Columbia Golf Association member since 2013.

Her volunteer interests don't stop at the 18th (or 19th) hole. She was a volunteer docent at Hillwood Mansion and Gardens - one of Charter 100 DC's favorite places! - for five years. She shared her Medicare expertise as an Open Enrollment speaker for 4Cs Church Alliance and served as president of the Women's Board of the Montgomery County Heart Association.

Carolyn Rand, Continued

During the height of the COVID epidemic from 2020 to 2022, Carolyn volunteered for the Cleveland Clinic GoPink Committee's Breast Navigator Program in Martin County, Florida. (October is Breast Cancer Awareness Month.)

Last year, Carolyn began volunteering with the Equine Rescue and Adoption Foundation in Palm City, spearheading a collection to help horse owners in financial distress buy food for their horses. "We were able to keep horses with their owners, in their familiar surroundings, at a time when many owners had lost their jobs," she says. "It was a win-win-win for owners, horses, and horse sanctuaries nearing capacity."

"Charter 100 DC is a place where women can socialize, hear interesting speakers, and come together over common interests," Carolyn says. "I've already met new and fascinating women at the September lunch and other events," she says, adding that she looks forward to hearing about how other members continue to broaden their perspectives and goodwill.



FROM THE SCRAPBOOK

Members' Only Luncheon - September 19, 2023



2023-2024 CHARTER 100 DC EXECUTIVE COMMITTEE

President: Paula Hantman Tolle

Vice President: Sheila Clark

Secretary: Stephanie Karsten

Treasurer: Jackie Hunt

Ombudsman: Arlene Heiss

Programs: Babette "Babs" Jackson

Special Events: Alissa Fox and Margaret Vanamringe

Arrangements: Judith Hunter

Membership: Debbie Sanders



**Charter 100 DC brings together
women of outstanding accomplishments
in diverse fields.**